



MILLFIELD PUBLIC SCHOOL NEWS



13th May, 2016

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Week 3, Term 2

'Deadly' Chef's cook with healthy habits

Seven of our Aboriginal students in Years 4-6 will participate in the Deadly Cooking Program over the next few weeks. Deadly cooking is a Hunter New England Health initiative to develop healthy eating practices and strengthen culture among Aboriginal kids. Each week students participate in a healthy lifestyle talk, learn more about their culture and cook a range of healthy meals. This weeks menu included Chicken Crunchies with Lemon Myrtle Mayo, A Native Plum , Chicken & Noodle Salad, Raspberry and Banana Sundaes and Ginger Punch. The healthy chicken crunchies were a hit with the whole school who got to share in these tasty treats.



Dates for your Calendar

Term 2

Thu 19th May

Zone Cross Country
(don't forget \$5 to the school)

Tuesday 24th May

Author Visit
(Free)
Musica Viva
(Free)

Wed 25th May

Stage 2 Excursion
Awabakal - \$25

Fri 27th May

Small Schools Athletics
Carnival K-Y6

Wed 1st June

Questacon Science
Circus (Free)

Thu 2nd June

Photo Day

Now 9th June

K-2 Transport
Excursion (Cost TBC)

Fri 10th June

School horse Sports

Attachments

Attachments

Unexplained absences
Accounts
Receipts

Returns

Permission notes
Zone XCountry &
Awabakal

Improving our learning spaces to meet current learning styles

We received delivery this week of some great new **learning pods** which go hand in hand with the improved teaching and learning approaches we have implemented over the past few years. One Pod has been purchased for each learning space (including the library). They not only look great, but help provide flexible learning spaces which encourage collaboration and engagement in learning. Staff will continue to look at how they can structure their rooms and the learning activities to ensure the learning styles of all students are catered for as we move into 21st Century Education. Watch this space!



Hour of Code – Building skills for the future

Our stage 3 class will join with Newcastle University next week to explore the world of CODING. *Hour of Code* aims to increase knowledge of career pathways in Information and Communications Technology (ICT), strengthen student engagement with computational thinking and challenge gender constructions and stereotypes within this area of study. *Hour of Code* is an entry point for a conversation with students about knowledge and skills they might need for the future.



Zone Cross Country

Good luck to our 20 students who will be participating in the Zone Cross Country at Cessnock Racecourse on Thursday. Competitors need to meet Miss Wynands prior to 9.30am on the hill in the spectator area. Students will then walk the course before running in their age groups. Please don't forget to pay the school \$5 for the Cross Country. This is a contribution to the PSSA to cover costs on the day and the school will forward a cheque to them.

NOTE: EVENT TIMES ARE A GUIDE ONLY AND WILL OFTEN BE RUN EARLIER THAN SCHEDULED.

School Photos – 2nd June

School Photos will take place on Thursday 2nd June by MSP photography. An order form will be sent home next week with costs ranging from \$23 for a group photos to \$44 for a premium pack. Family photo packs are also available.

\$44	Premium Pack
\$41	Classic Pack
\$39	Value Pack
\$37	Essential Pack
\$34	Basic Pack
\$23	Group Only

Stage 2 Awabakal Excursion.

Students in Years 3 and 4 will head to the Awabakal Education Centre on the 25th May to participate in an Aboriginal Cultural Excursion. Students will explore Aboriginal culture and support the units of First Contacts and Past and Present studied in class this term. A separate note with specific details was sent home this week.



School K-6 Disco and Parent Education Session – Tuesday 24th May

A student disco has been planned by our school SRC for Tuesday 24th May in the Library. All students are invited, with entry costing \$2. A range of food and drinks are also available for purchase on the night. Starting time is 5pm and it will run until 6pm.



Our next **parent education session** will also be held at the same time, to allow parents to drop their kids at the disco and attend this valuable learning experience. Mrs Vogt (our instructional leader) will be running the session, which will look at the difference between numeracy and Mathematics, explore how children learn from Kindergarten to Year 6 and discuss the feedback parent sheets and goals, shared during LST meetings.

The aim of the workshop is to provide answers to any questions you may have about the steps your child needs to learn, to progress during the years. We will also talk about a course for Parents as Teachers/ Classroom Helpers (PaTCH) that will give you the skills to help your child with reading, writing, spelling and number, both at home and school.

Millfield Aboriginal Education Committee

The first meeting of the Millfield Aboriginal Education Committee will be held on Monday 16th May at 3pm in the Library. This group has been formed to collaboratively drive Aboriginal Education in our school. All parents and students are welcome to attend.



Recognising our safe, respectful and responsible learners

Class Awards K

Harmony Connell outstanding efforts in Gymnastics
Sophie-Lee Kennedy fantastic work in maths and number writing

Class Awards S1

Preston Burgess a great effort in NAPLAN tests
Hayley Butler always being a happy and helpful student

Class Awards S2

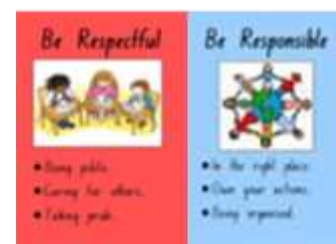
Bethany Shepherd always displaying a positive attitude
Paige Holbert showing excellent skills when working mathematically

Class Awards S3

Jessica Butler reading with fluency and expression
Blake Bodycote always participating in class discussions


Library Award

Samara Tiedeman always showing an interest in reading and being a keen library borrower



Principals Award – Congratulations to Rose who is this week's Principal's Award. Rose is just one of the students participating in Middle School activities at Mount View HS this term, and has made a good impression on the staff there through her enthusiasm and wonderful behaviour. Well done Rose.



Award	K	1/2/3	4/5/6
BRONZE  Have earned 20 Milfield Dollars for Positive Behaviours	Leah Probst 29/4 Moana James 29/4 Mercedes Morton 29/4 Joseph King-Griffiths 29/4 Nicolas Sparkes 29/4 Makayla Crowley 6/5 Harrison brown 6/5 Harmony Connell 6/5 Kirtida Udas 6/5	Abigail Bedford 29/4 Sari Carpenter 29/4 Stuart McCarry 29/4 Molly Bedford 29/4 Joshua Lucock 29/4 Hayley Butler 6/5 Kellara Dooley 6/5 Hunter Copeland 6/5 Jack Davis 6/5 Paige Holbert 6/5 Kayley Thompson 6/5 Jye King 13/5 Samara Tiedeman 13/5 Kaleb Henry 13/5 Riley Dederer 13/5 Christopher Wright 13/5 William Russell 13/5 Cooper Hollingshed 13/5 Chloe Josephson 13/5	

Canteen Roster Term 2 2016

16/5	Felicity	Help needed	Help needed
23/5	Help needed	Tiffany	Help needed
30/5	Felicity	Help needed	Help needed
6/6	Jenny	Tiffany	Help needed
20/6	Felicity	Help needed	Help needed
27/6	Help needed	Tiffany	Help needed

For WHS reasons we need at least 2 people in the canteen each week. We need your help. If we cannot fill vacant spots we will be forced to close the canteen on weeks where not enough helpers are available. If you can help out on any of the above Mondays please contact the office so we can keep this great resource open for our kids.

Community News

Millfield Public School Literacy and Numeracy Workshop

“Where Students are and Where To Next?”

When: Tuesday, 24th May (week 5),
5–6:00pm

Where: Kindergarten classroom

Who: All interested community members K–6.

Pre-schoolers are welcome!

Tea, coffee, biscuits and chocolate will be provided.

K–6 Disco run at same time.

WOLLOMBI LOCAL COLONIAL HISTORY TALKS

Third Saturday of the month 3pm-4:30pm
at Wollombi School

Next talk - Saturday May 21, 3:00 – 4:30 p.m.

MILLFIELD – DO WE REALLY KNOW ITS HISTORY??



Wollombi Local History discussion with Carl Hoipo and Stuart Gibson. Carl will present the history of the land-rush that opened up the surrounding area. Stuart will discuss the township from the first convict entrepreneurs to the 20th Century.

All welcome!



Proudly brought to you by Wollombi School Community Education Trust (WSCET)

Web: wscetinc.wix.com/wscet

Facebook: facebook.com/wscet/

Good for Kids good for life

EATING WITH THE SEASON

A change in season brings with it a change in seasonal fruit and vegetables. Cooking with fruit and vegetables that are in season not only supports sustainability but also lowers the price of your grocery bill.

Here are a few fruit and vegetables in season over the coming months:

- Apples
- Mandarins
- Kiwi Fruit
- Oranges
- Pumpkin
- Sweet potato
- Parsnip
- Broccoli



Make sure you include these in your grocery shopping over winter!



PHONE 4924 6499



Nutrition Snippet

The simplest way

...to create healthy take away.

Get the kids inspired about cooking with a healthy, homemade take away-style meal. Find full recipes at: eatittobeatit.com.au.



Sausage rolls:

Using beef, lamb, chicken, turkey or pork mince, with lots of grated or finely diced veg mixed in. Or add some tinned kidney beans to the mix.

Hamburgers:

Make a meat, lentil or veggie patty, pile on the salad and serve on a crusty wholegrain roll.



Fish and chips:

Crumb your own fish filets and oven bake. Serve with oven-baked chunky chips or sweet potato wedges.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

