



# MILLFIELD PUBLIC SCHOOL NEWS



6<sup>th</sup> May, 2016

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**Week 2, Term 2**

## Preparing your child for NAPLAN – Years 3 and 5

NAPLAN testing will be held next week for students in Years 3 and 5. It is extremely important that all students attend these tests and are on time. Results help determine future school priorities and teaching focuses, as well as adding the big picture during school evaluations.

This should not be a stressful time for students or parents. There is always temptation to pump them full of NAPLAN style questions, however the best and easiest preparation involves the following:

- 1) **Have a good night's sleep.** Go to bed on time so that you are not tired throughout the tests.
- 2) **Have a healthy breakfast** each morning to make sure your brain is at its best.
- 3) Talking to your child about the importance of **trying their best** but not to worry about it too much. The results don't have an effect on individual students in any way.

### NAPLAN Timetable

#### Tuesday 10<sup>th</sup> May

Language – 9.15-10am

Writing – 10.20-11.20am

#### Wednesday 11<sup>th</sup> May

Reading – 9.15-10am

#### Thursday 12<sup>th</sup> May

Numeracy - 9.15-10am

**\*Students in Years 4 and 6 will participate in a re-test of last year's tests during these times to allow teachers to gain insight into improvement over the past 12 months.**

## Appreciating Culture at The Peasant Prince

Students in Year's 1-6 participated in an excursion to the Cessnock Performing Arts Centre on Tuesday for a theatrical performance of 'The Peasant Prince'. Students were amazed by the costumes, wowed by the actors and laughed at the many humorous moments throughout. Kindergarten will participate in "Kinder only" CPAC performance on the 28<sup>th</sup> June for a showing of "The Moons a balloon"



## *Dates for your Calendar*

### Term 2

**Tue 10<sup>th</sup>-Thur 12<sup>th</sup> May**  
NAPLAN TESTING  
Years 3 and 5

**Thu 19<sup>th</sup> May**  
Zone Cross Country

**Tuesday 24<sup>th</sup> May**  
Author Visit  
(Free)  
Musica Viva  
(Free)

**Wed 25<sup>th</sup> May**  
Stage 2 Excursion  
Awabakal - \$25

**Fri 27<sup>th</sup> May**  
Small Schools Athletics  
Carnival K-Y6

**Date change**  
**K-2 Transport**  
**Excursion (Cost TBC)**  
**Now 9<sup>th</sup> June**

**Wed 1<sup>st</sup> June**  
Questacon Science  
Circus (Free)

**Thu 2<sup>nd</sup> June**  
Photo Day

**Fri 10<sup>th</sup> June**  
School horse Sports

**Attachments**  
Updated Information  
Booklet

## Reaping the benefits of safe parking practices

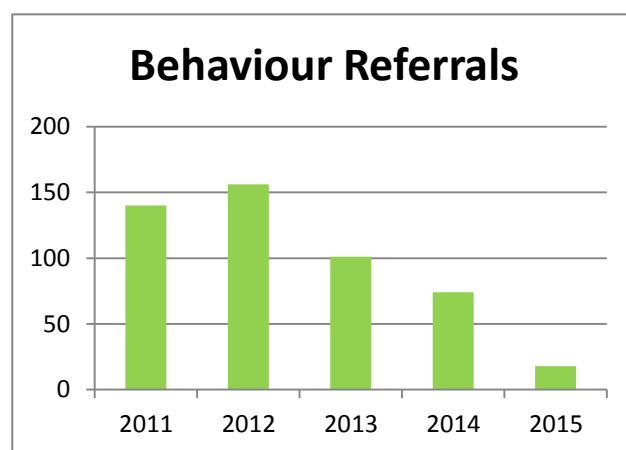
Thank you to all our parents who used such wonderful safe parking practices last Friday. We had a visit from the DEC Assets department who were looking at closing our extra exit and making the carpark **staff only**. Due to everyone reverse parking and showing safe driving practices, we were able to argue that it was a much safer alternative to everyone using street parking. Keep up the good work for if we don't use it properly we will lose it. A risk assessment and improved signage will be conducted over the next few weeks to ensure this remains a convenient (and safe) alternatives for drop off and pick up.

When picking up your kids remember to:

- Arrive before 3pm to avoid cars and students moving at the same time.
- Park rear to kerb – to ensure that students are not moving about when backing up.
- Follow the in and out directions of the carpark entry/exit.
- Drive slowly and patiently– no life is more important than where you need to be.

## Encouraging positive behaviour – PBL

Our school is a PBL ( Positive Behaviour for Learning) school which is the envy of many others in terms of student behaviour and academic progress. We have seen an **80% decrease** in negative incident referrals over the past 5 years, which is credit to all our students, teachers and parents. To ensure that we continue to provide a positive learning environment, we are always looking at ways to improve our systems and practices.



**New referral process** – As part of this process we will be implementing a new referral system to fit in with our current Positive Behaviour Policy. These referrals will be filled out by teachers when students reach red level in the classroom ( follows verbal reminders, visual reminders and classroom timeout) or major playground incidents. As part of this process, parents will receive a copy of the referral to sign and send back. This ensures good communication, and enables us to improve our data use. Hopefully no one will need to see one 😊

**Snow time – PBL reward** – To reward students who are demonstrating positive behaviour in the classroom. Students who have earned \$30 Millfield dollars and no more than one referral will be able to participate in a special excursion to SNOW TIME at Hunter Valley Gardens with the school subsidising the cost for students.

If you have any questions, please contact the school.

**National 21 Behaviour Referral Form**

Student: \_\_\_\_\_ Date: \_\_\_\_\_ Location: \_\_\_\_\_  
Teacher: \_\_\_\_\_

**Referral Details:**

Referral is categorized as:  
☐ Inappropriate language/insulting  
☐ Physical assault/forceful  
☐ Damage to property  
☐ Disrespectful behaviour  
☐ Other: \_\_\_\_\_

Teacher's level of response: ☐ 1 ☐ 2 ☐ 3  
Student's level of response: ☐ 1 ☐ 2 ☐ 3

Teacher Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
After investigation of this incident the following consequences have been given in line with MPP Positive Behaviour Policy:  
Teacher's level of response: ☐ 1 ☐ 2 ☐ 3  
Student's level of response: ☐ 1 ☐ 2 ☐ 3

Parent/Guardian Comment: \_\_\_\_\_  
Date: \_\_\_\_\_

## Fun in the sun at the school cross country.

Many of our students (and a couple of our parents) would have slept well after participating in our school cross country yesterday. Students under 11 years completed the 2km course while our 11 and 12 year olds completed 3km. Many of our students were having so much fun that they did up to 5km. Please return all fun run money and/or forms to the office as soon as possible so that we can send the prize orders away.

Congratulations to the following students whose times have qualified for the zone carnival to be held on the 19<sup>th</sup> of May at Cessnock Racecourse.

8/9 Years – Molly B, Bethany, Katelyn, Makayla, Stuart, Hunter, Jack, Jye, Cooper

10 Years – Chloe F, Jessica, Mason, Tane, Alex

11 Years – Nelson, Jacob, Dylan D

12/13 Years – Samantha, Cloe, Drew



## Building our core skills through weekly Gymnastics

For the next 6 weeks our students will participate in Gymnastics lessons of a Friday held by Gabby's school of gymnastics. This program teaches skills appropriate to each age group, which build strength, co-ordination and confidence.



# Recognising our safe, respectful and responsible learners

## Class Awards K

**KLeah Probst** an outstanding effort during the Fun Run  
**Moana James** an outstanding effort during the Fun Run

## Class Awards S1

**Porsha Burgess** great contribution to our Mother's Day performance  
**Christopher Wright** improvement in accuracy when reading

## Class Awards S2

**Lily Brell** an excellent effort with writing and editing  
**Makayla Cagney** kind and respectful behaviour at all times


## Class Awards S3

**Dylan Dederer** improvement in reading  
**Tyler Orr** having a fantastic start to Term 2



**Principals Award** – Congratulations to Cooper Wing who receives this weeks Principal's award. Cooper has been very busy doing the most important thing you can do to improve your learning. **READING, READING, READING.** He is the first person to reach 75 nights of home reading for the year! Well done Cooper.



Award	K	1/2/3	4/5/6
<b>BRONZE</b>  Have earned 20 Milfield Dollars for Positive Behaviours	<b>Leah Probst 29/4</b> <b>Moana James 29/4</b> <b>Mercedes Morton 29/4</b> <b>Joseph King-Griffiths 29/4</b> <b>Nicolas Sparkes 29/4</b> <b>Makayla Crowley 6/5</b> <b>Harrison brown 6/5</b> <b>Harmony Connell 6/5</b> <b>Kirtida Udas 6/5</b>	<b>Abigail Bedford 29/4</b> <b>Sari Carpenter 29/4</b> <b>Stuart McCarry 29/4</b> <b>Molly Bedford 29/4</b> <b>Joshua Lucock 29/4</b> <b>Hayley Butler 6/5</b> <b>Kellara Dooley 6/5</b> <b>Hunter Copeland 6/5</b> <b>Jack Davis 6/5</b> <b>Paige Holbert 6/5</b> <b>Kayley Thompson 6/5</b>	

## P&C News

**P&C meeting next week** – Our first P&C meeting of Term 2 will be held next week. On the agenda will be horse sports organisation, and putting the spring fair plan into action. All parents are welcome to attend.

**Horse Sports Helpers needed**– We are asking for helpers for our horse sports day on the 10<sup>th</sup> June. If you are able to help out in either the canteen or the event please let the office or one of the P&C know. This is one of our two major fundraisers which go towards providing some great stuff for our kids ( like our new playground coming soon). If you can't help on the day, there are always things to do before and

after the event. Without helpers we can't run these events which means that we can't provide these great resources.

### Canteen Roster Term 2 2016

9/5		Tiffany	Jenny
16/5	Felicity	Tiffany	
23/5		Tiffany	
30/5	Felicity	Tiffany	
6/6		Tiffany	Jenny
20/6	Felicity	Tiffany	
27/6		Tiffany	

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Children 17 and under free!

## Good for Kids good for life

### DROP THE TEMPERATURE, RAISE THE HEARTRATE

Indoor activities don't have to be boring! Although it's getting cold outside there are still plenty of ways to get the heartrate up this winter!

Here are some ideas that involve indoor active fun:

- Free indoor play grounds in shopping centres
- A visit to the science museum (often free entry)
- YMCA kids programs
- Gymnastics
- Indoor Trampolining
- Bowling
- Ice Skating
- Indoor skate parks, sports and swim centres



Why not look into what is available in your local area today and ask if they do discount deals for seasonal entry?



Health  
Hunter New England  
Local Health District

PHONE 4924 6499



Cancer  
Council  
NSW

Nutrition Snippet

## The simplest way

...to cook a delicious curry.

### Lamb & Veggie Curry

Serves: 4

**Top tip:** Reduce the amount of meat and increase the vegetables – you'll save money and make the meal healthier. Applies to stir fries, curries, pizzas and mince dishes too.



**Ingredients:** 1 tsp olive oil; 2 tbsp curry paste; 1 medium brown onion, chopped; 2 cloves garlic, chopped; 300g diced lamb; 3 large carrot, cut into chunks; 250g button mushrooms; 400g tinned tomatoes, diced; 100g red lentils; 500ml reduced salt chicken stock; ½ cup fresh coriander.

**Method:** Heat oil in heavy-based pot and cook onion, garlic and curry paste until fragrant. Add lamb and brown over a high heat. Add tomatoes, stock, carrots, mushrooms and lentils and reduce the heat to simmer. Cook for about 1 hour with the lid on, stirring regularly until lamb is tender. Mix through coriander reserving a small amount for garnish. Serve with brown rice.

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)

Eat It To  
Beat It