



MILLFIELD PUBLIC SCHOOL NEWS



7th August, 2015

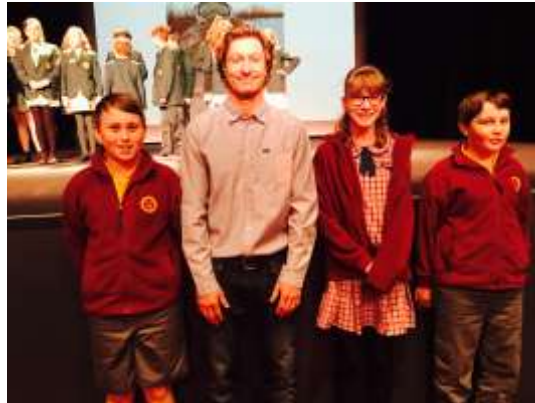
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Week 4, Term 3

Breakfast with the Mayor

By Erin, William and Jack

Our school leaders were invited to a breakfast with the Mayor on Tuesday as he held his annual Mayoral Leadership breakfast at the Cessnock Performing Arts Centre. We also had a chance to listen to adventurer John Cantor who had a story about how to succeed after failure.



He is an adventurer who went to Alaska to complete the solo expedition, through the deadly Brooks Range (1000km). He had to overcome many obstacles before and during the attempt. Before the event he suffered huge anxiety, and then had four attempts at the challenge. On his first attempt he suffered from severe stomach pains and a helicopter had to pick him up. On his second and third attempts he didn't make it through the first day but he kept persevering.

He finally made it on the 4th attempt after pushing through adversity again including being trapped by a large boulder, encounters with Grizzly Bears and wolves, freezing rivers and adverse weather. He did this in 31 days (it has taken others more than 2 months) which was an astounding achievement.

We learned a lot from John, especially about never giving up when experiencing failure. We loved listening to him, and his saying will stick with us.

"Failure isn't the end, It's just an opportunity to try again and succeed!" John Cantor

Zone Public Speaking

On Monday 10th and Tuesday 11th August (Week 5) our school Public Speaking Champions will represent Millfield Public School at the Zone Finals at Nulkaba Public School. Stage 3 (Angelina and Blake) and Early Stage 1 (Chloe and Kellara) will be presenting their speeches on Monday. Stage 2 (Molly R and Jasmin) and Stage 1 (Bethany and Molly B) will present their speeches on Tuesday.

Good luck to all the Millfield Public School representatives.

PSSA Soccer

Our soccer team will be in action again next week, playing in the third round of the PSSA small schools knockout against Mulbring. The match will be played at Carmichael Park in Bellbird, starting at 10am. Spectators are more than welcome to come and cheer the team on. Good Luck!

Dates for your Calendar

Term 3

Mon 10th and Tues 11th
Zone Public Speaking
Finals at Nulkaba PS

Thu 13th Aug
PSSA Soccer V
Mulbring @ Bellbird
10am

Wed 19th August
Kullaburra Awards

Friday 21st August
Stage 2 Excursion
Sydney
\$65

Tues 1st Sept
Yr 6 –Math/Science Fun
day @MVHS

Intensive Swimming
Mon 7th-Fri 11th Sept
\$35

ATTACHMENTS

Overdue Library Books

Outstanding Accounts

Outstanding absences

Zone Athletes do us proud

Fourteen of our students attended the Zone Athletics carnival today after finishing in the top three in their events at the small schools carnival in May. More detailed results will be published next week.



Intensive Swimming- 7th-11th September

All students will again take part in this important program this year in Week 9 of this term. Students will be leveled according to ability and learn a range of skills from water familiarisation and confidence to swimming and life saving skills. Funding has been provided by the government's Sporting Schools program which has helped cut the cost of this program considerably. This means the cost for students for the week's lessons will be only \$35 each. This is much cheaper than is available privately and a great price to learn such an important life skill.

Excursion updates

Stage 2 – Sydney – 21st August

Thank you to all parents who paid their deposits on time. Please ensure you have finalised payments asap. We now have only 2 weeks until we see the sights of Sydney and learn more about our convict history to complement work being completed in class this term.

Stage 3 – Gold/Adventureland Camp

Our stage 3 excursion to Adventureland has now been finalised and notes have been sent home this week. Students will head to some gold fields on the Monday before settling in for two days and two nights at Adventureland Camp at Tuncurry where they will participate in range of activities from quadbikes, giant swings, Go Karts and waterslides on offer (subject to availability). Cost for this excursion is \$270 so it would be a great idea to start paying this in small amounts.

Financial Assistance available – Please remember we do have limited funds to help families in need of financial assistance to attend excursions and activities, especially when families have more than one child attending. Please see Mr Anderson if you wish to apply for support in this area.

From the Kitchen Garden Corner



In the Garden Radishes and Carrots: This week we did our weekly weed, deconstructed the wicking boxes ready to make planters, installed some frost protection and did a deep clean of our work spaces.

We were also very fortunate to meet with Sue (WHAO) and Cathie (horticulturalist and permaculturalist) from Bunnings Cessnock yesterday to decide on grand plans for donations of resources and labour through the National Tree Day initiative! This will commence very shortly with installation of 3 large garden beds, soil, seedlings and fruit trees! Stay tuned!

In the Kitchen The Broccoli were busy researching various herbs and ingredients used in Vietnamese cooking as well as exploring the country Vietnam. Students created their own recipe for Vietnamese Rice Paper rolls.

EGGS FOR SALE – We now have some eggs for sale in the office. \$4 per dozen. Call in to grab yours now

Principal's Award

Congratulations to Cooper Hollingshed who is this week's principal's award winner.

Cooper has been demonstrating our values of Safety, Respect and Responsibility by working hard in class and being a great friend in the playground.

Well done Cooper!



CLASSROOM NEWS

Class Awards K/1/2

Congratulations to this week's award recipients:

Hayley Butler always having a go with her writing
Abigail Bedford always using an inquisitive mind and working hard

Class Awards 2/3/4

Congratulations to this week's award recipients:

Paryss Morton improvement in editing her spelling
Jasmin Harris effort in power writing lessons

Class Awards 4/5/6

Congratulations to this week's award recipients:

Tane Carpenter working hard to achieve maths goals
Cloe Hindmarsh working hard on percentages in maths




Library Award

Congratulations to this week's award recipient:

Mason Duncombe-King always being an enthusiastic library student

Congratulations to the following students who have reached Bronze Level for Demonstrating Positive Behaviours.

Award	K/1/2	2/3/4	5/6
BRONZE  Have earned 20 Millfield Dollars for Positive Behaviours	Sara Lethbridge-Coyle 22/5 Abi Bedford 22/5 Alyssa Singleton 22/5 Sari Carpenter 22/5 Stuart McCarry 22/5 Lakota Kasteel 29/5 Chain Golledge 29/5 Kayley Thompson 29/5 Hayley Butler 12/6 Chloe Josephson 12/6 Mason Duncombe-King 12/6 Kellara Dooley - 26/6 William Russell - 26/6 Ella Szkopkowski - 26/6 Cooper Hollingshed - 26/6 Jade Probst - 26/6	Jessica Butler 12/6 Makayla Cagney 12/6 Riley Dederer 12/6 Molly Russell 19/6 Jasmin Harris 19/6 Jorja Shearer 19/6 Tommy Golledge 19/6 Molly Bedford 19/6 Jack Davis 26/6 Mason Holbert 26/6 Kaleb Henry 17/7 Paige Holbert 17/7 Bethany Shepherd 17/7 Hunter Copeland 24/7 Katelyn Shepherd 24/7 Mathew Hurley 31/7 Paryss Morton 31/7 Samara Tiedeman 7/8 Lily Brell 7/8 Dylan Winship 7/8	Kyedon Harrison-Brown 15/5 William Cagney 15/5 Drew Dodgson 17/7 Erin Jackson 31/7 Jack Atkins 24/7 Rose Brell 7/8

P&C News

Spring Fair – We are now up to 23 stall holders for the Spring Fair, if you know of anyone that may be interested let them know. Stalls are \$20 for a 3x3m site.

Canteen Roster - Are there any rosters to be returned as none were received this week!

Tissue Donations

To help get through the winter months and reduce the spread of illness we often ask for donations of tissues for each classroom. If you could help out with this by donating a box or two we would appreciate it greatly. Just send it in to your child's class teacher if you are able to help out.

COMMUNITY NEWS

Skills for Work and Training

Education for Careers & Further Study

HUNTER TAFE

Concessions may apply to eligible participants

Certificate II Skills for Work and Training
Course Code - 10087
National Course Code - 10882

135 years of history

This course provides a pathway to employment, community participation, and further education and training.

Course Description

Certificate II – Skills for Work and Training (10087)

- Offers a range of subjects including: English, Maths, Science, Humanities, Computing and Career Development
- Provides skills needed to enter further study and improve employment opportunities
- Assist in development of career goals
- Improve interpersonal communication skills
- Develop work-related skills

How to Apply

Enrolments are NOW being taken.
Don't miss out, contact –
Donna Clark
Ph: 49502926
donna.clark@tafe.nsw.edu.au

For more information contact
Rachene Conley
Ph: (02) 4930 2827
hunter.FSP@tafe.nsw.edu.au
hunter.tafe.nsw@tafe.nsw.edu.au

Course Details

This course will be conducted on Tuesday, Wednesday and Thursday during school hours. Ring now to secure your place!

Course Starts - Tuesday 18th August 2015

Google Hunter TAFE Call 131 225 Connect with us

Rhubarb Jam Productions is coming to Mulbring!

Join RJP and acclaimed singer/songwriter LYN BOWTELL for a series of after school workshops with an end of term performance inspired by INSIDE OUT!!

CALL OR EMAIL FOR BOOKINGS & ENQUIRIES

- Focus on drama & songwriting
- Participants create the production alongside professional mentors
- Build confidence & creativity
- Workshops suitable for ages 5+
- Tuesday or Friday afternoons

Kim 0423 381 864
Anna 0410 309 298
info@rhubarbjam.com.au

www.rhubarbjam.com.au

Cancer Council NSW

The simplest way

...to make a healthy dessert.

APPLE + PEACH PIE
Perfect on a chilly winter's evening...a healthy treat!

Ingredients
2 medium apples, peeled and chopped – 800g
peaches in juice, drained – 6
sheets filo pastry – spray oil – 1 teaspoon sugar

Method
Preheat oven to 200°C – Place apples in a microwave and oven proof dish and cover with a plate or cling film with holes in it. Microwave on HIGH (100%) for 1 minute. Carefully remove the plate or cling-film as the steam will be hot – Add peaches to the oven-proof dish. Scrunch a sheet of filo pastry and arrange on top of the dish. Repeat with the rest of the filo sheets until the whole top of the dish is covered – Lightly spray the pastry with oil, and sprinkle with sugar – Bake for 25 minutes, until the pastry is golden and crispy – TIP: this recipe works for any fresh, frozen or canned fruit.

Eat It To Beat It

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit